

OPINION

by Prof. Dr. Kalin Kanchev Gaidarov, professor at NATFIZ "Kr. Sarafov"

of a dissertation for awarding the educational and scientific degree "**doctor**"

by: area of higher education 3. Social, economic and legal sciences

professional direction 3.2. Psychology

doctoral program "Pedagogical and Age Psychology"

Author: Teodora Zapryanova Pampulova.

Topic: "Self-esteem, subjective well-being and flourishing in adolescents studying in traditional and innovative education systems"

Research supervisor: Associate Professor Dr. Irena Ivanova Levkova.

1. General presentation of the procedure and the doctoral student

Teodora Pampulova is a self-taught doctoral student at the Department of Psychology of the Pedagogical Faculty of Plovdiv University "Paisiy Hilendarski" in the doctoral program "Pedagogical and Age Psychology". The dissertation work has been discussed and directed for defense by the members of the Departmental Council of the Department of Psychology.

Teodora Pampulova has completed two university master's programs, which are related to the development of the dissertation, - "Counseling Psychology" and "Social Mediation and Communication". She has professional experience in the field of school psychology, as well as in psychological counseling of children, adolescents and parents.

2. Relevance of the topic

The subject of the dissertation combines in itself individual-psychological and pedagogical-psychological dimensions, and at the same time it is built on a comparative analysis of the state and dynamics of the studied variables in a traditional and innovative educational system. The relevance of the dissertation topic is further enhanced by the basic categories included in the research subject.

3. Knowing the problem

Teodora Pampulova has examined numerous literary sources that fully correspond to the subject of the study, and at the same time they are sufficiently authoritative and up-to-date. This allowed to build a solid theoretical base for the further empirical verification of the scientific idea. On the other hand, there is a certain insufficiency in the volume of the text, which concerns the

characteristics of the traditional and innovative educational system, discussed in the dissertation, compared to the other basic categories of a psychological nature.

4. Research methodology

The setting of the empirical research is presented in the second chapter, which includes: subject, object, goals and tasks, hypotheses, tools, sample and organization of the implementation. Five main hypotheses have been formulated, and two of them have sub-hypotheses. The sample consisted of 486 respondents, divided into a main and a control group. The toolkit includes three self-reported psychodiagnostic scales that have legitimate Bulgarian versions and correspond to the empirical design. The applied package of statistical tests is particularly impressive. It is about correlational, regression, factorial and descriptive analysis. This enables the author to make solid, empirically based verification of the hypotheses raised.

5. Characterization and evaluation of the dissertation work and contributions

The dissertation is a convincing scientific study that fully meets the standards for this type of academic work. An in-depth reading of up-to-date and high-quality international and Bulgarian scientific publications on the topic of the dissertation has been done. A serious model of empirical research has been developed, which is implemented through creative hypotheses, appropriate psychodiagnostic instrumentation and extensive statistical apparatus.

6. Assessment of the publications and personal contribution of the doctoral student

What has been stated so far shows that the dissertation is an original scientific product that has the necessary qualities of a doctoral dissertation. The contributions described by the author correspond to the content of the work.

7. Abstract

The submitted abstract corresponds to the requirements and correctly describes the essence of the dissertation.

8. Recommendations for future use of dissertation contributions and results

Teodora Pampulova has the necessary scientific potential, which can be realized in new scientific projects and publications.

Would it be particularly interesting if the author developed, on the basis of the empirical results obtained in the dissertation, as well as additional scientific data from other sources, a practical manual for the work of school and counseling psychologists in the field of self-evaluation, subjective well-being and flourishing of adolescents.

CONCLUSION:

WITH THE FOREGOING IN MIND, I RECOMMEND THE MEMBERS OF THE HONORABLE SCIENTIFIC JURY TO VOTE **FOR** THE AWARD OF THE EDUCATIONAL AND SCIENTIFIC DEGREE OF DOCTOR IN:

AREA OF HIGHER EDUCATION 3. SOCIAL, ECONOMIC AND LEGAL SCIENCES,
PROFESSIONAL DIRECTION 3.2. PSYCHOLOGY
OF THEODORA ZAPRYANOVA PAMPULOVA

22.07. 2024

Prepared the opinion:

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