

## OPINION

by **Prof. Dr. Nadezhda Georgieva Yordanova-Stoyanova**  
**Paisii Hilendarski University of Plovdiv**

of the materials submitted for participation in the competition  
to occupy the academic position of "**associate professor** "  
**of Plovdiv University "Paisiy Hilendarski"**

by: field of higher education 1. Pedagogical sciences  
professional direction *1.3 Pedagogy of training in...* .  
the scientific specialty Theory and Methodology of Physical Education in Kindergarten

In the competition for " associate professor " , announced in the State Gazette, no. 32 from 09.04. 20 24 and on the website of Plovdiv University " Paisiy Hilendarski " for the needs of the Department of Theory and Methodology of Physical Education and Sports at the Faculty of Biology , as a candidate participates ch. Assistant Professor Rositsa Hristeva Shtereva from Plovdiv University Paisii Hilendarski , Department of Sports and Sports

### ***1. General presentation of the procedure and the candidate***

By order No. PD 21-1182 of 07.06.2024 of the Rector of Plovdiv University "Paisiy Hilendarski" (PU) I have been appointed as a member of the scientific jury of a competition for occupying the academic position of '**associate professor**' in the PU of field of higher education Pedagogical Sciences, professional direction 1.3. Pedagogy of training in..., the scientific specialty Theory and methodology of physical education in kindergarten , **announced for the needs of the Department of Physical Education and Sports to the Faculty of Biology** .

To participate in the announced competition, the only candidate submitted documents ch. assistant Dr. Rositsa Shtereva, who has been on a main employment contract at the Paisii Hilendarski Polytechnic since 1989.

The presented set of materials is in accordance with the Rules for the Development of the Academic Staff of the PU. The candidate Ch. assistant professor Dr. Rositsa Hristeva Shtereva has attached a list of a total of **50** scientific papers, of which **2** monographs, **17** textbooks, **14** articles and **10** publications in conference proceedings. **44 scientific papers** are accepted for review (excluding 6 on the dissertation, applied for the ONS "doctor"). All works are related to the issues of the announced competition.

***The candidate meets the requirements of Art. 24 of the RAS in the Republic of Bulgaria, the Regulations for its implementation and the Regulations of the " Paisiy Hilendarski "***

*University of Applied Sciences for the terms and conditions for acquiring scientific degrees and holding academic positions.*

**The tender procedure has been followed. I found no violations.**

***Brief biographical data of the applicant***

Ch. Rositsa Hristeva Shtereva, assistant professor, PhD, was born in the city of Plovdiv . In the same city it ends with regular education . It continues yes studied at Paisii Hilendarski P.U. , where through 1988 graduated with honors from OCSC " master " in the specialty " Preschool pedagogy " and "Early childhood pedagogy" . In 1989, after winning a competition, she was appointed as a teacher at the PU , where she works until now. In 2014, he defended a dissertation on the topic: " *Multifunctional nature of mobile games in improving the motor abilities of preschool children*" and obtained the ONS "doctor".

***Personal competences :***

Ch. Rositsa Hristeva Shtereva, assistant professor, speaks and speaks Russian at an excellent level . He speaks English and German . Computer skills are also very good . He has extensive teaching experience.

***The professional development of the candidate for the academic position "ASSOCIATE PROFESSOR" has naturally moved in an upward direction during the accumulated 23 years. These and efforts deserve my high evaluation.***

**2. General characteristics of the applicant's activity**

Ch. Assistant Professor Rositsa Hristeva Shtereva provides training for the students of the PUP, PUNUP and POFV majors at Paisii Hilendarski PU in the disciplines: "Moving Games", "TMFV", "History of Physical Culture", "School Documentation", " Hospitalization ", "Current practice", "Internship". In her teaching work, she applies innovative teaching methods. Works on projects.

She has presented a list of 44 titles in which he is the sole author or co-author, all after acquiring the ONS "doctor" . Most of them treat problems related to with the engine activity in kindergarten , pedagogical technologies for motor and functional development improvement of 3–7 year olds children , the role of the mobile motor and mental games developed preschool children age . Others are oriented to the work on sports in higher schools and training of sports teachers .

All the works in the list submitted by the candidate for the academic position " docent " have been published.

The two monographs deserve special attention. In the first " *Generally developing physical exercises in the kindergarten*" with a volume of 127 pages, the author makes prescriptions from technological models, allowing the compilation of various complexes of physical exercises for conducting the pedagogical situation, as well as during morning gymnastics, applicable in the different age groups of the kindergarten. I find this work closer to a study aid than a monograph. However, its application among children's teachers would be great.

The second monograph " *Influence of mobile games on the psycho-motor abilities of preschool children* " has a volume of 239 pages. It meets all the criteria for such a scientific work. The author does a very thorough study of rolling games. Emphasizes their significant role in developing the physical and mental abilities of preschool children. He refers to a very large number (over 200) of literary sources, which allows him to make a serious theoretical analysis and draw objective conclusions and conclusions.

Of the listed articles and reports, one can be singled out, as it was placed in a scientific publication, referenced and indexed in the world's databases. Out of 14 articles, 12 are independent. Also attached are 10 publications in conference proceedings, 5 of which are independent and 5 co-authored. We can conclude that Ch. assistant professor Dr. Shtereva works equally successfully independently and in a team. I cannot fail to note the large number of teaching aids - 17, in which Dr. Shtereva is a co-author, and in 2 of them he is an independent author. They are related to the theoretical and practical training of students studying at the Bachelor's and Master's Colleges in the direction 1.2 Pedagogy and 1.3. Pedagogy of training in... Two of the publications ( *4.7 and 1.6* ) are in a foreign language, and the remaining 22 in Bulgarian.

The presented scientific production has a theoretical and applied nature, focused on preschool physical education and the preparation of future children's, primary and physical education teachers . It significantly exceeds the minimum requirements. by Art. 2 b, para. 2 and 3 from ZRASRB for "associate professor" in the field of higher education 1. Pedagogical sciences . The indicators have been achieved in total **641.7 points** – at minimal requirements from **400 points** .

The publications are directly related to the subject of the announced competition and are placed in magazines and scientific collections that undergo peer review prior to their publication. The number of citations is **14** , which indicates an interest in the candidate's scientific output. The requirements for the acquisition of the academic position "associate professor" according to ZRASRB have been met .

***In the research activity of Ch. ace Dr. Rositsa Shtereva, which is her personal work, scientific contributions stand out, which can be systematized in the following directions:***

***Contributions related to preschool physical education:***

- *Created and tested in practice, original author's diagnostic methods related to mobile play, as proof of its possibilities for control and assessment of motor skills and motor qualities in children of preschool age.*
- *The motivational possibilities of the mobile game for casual improvement of the conditioning potential of children (3-7 years) were confirmed through an experiment.*
- *Author's methods have been created regarding the influence of mobile play on the mental development of children to improve various types of mental functions, such as memory, attention, awareness, etc.*
- *Complexes of ORU for the different age groups in the kindergarten are proposed, which can be applied in the practice of preschool physical education.*

***Contributions to the problems of sports activities in higher education and the training of sports specialists;***

- *In the innovative forms proposed by the author for conducting the semester exam in the studied discipline, the attitudes of the students were investigated, which led to the improvement of the learning process.*
- *In connection with the acquisition of knowledge, skills and attitudes in the process of training students in academic disciplines, the author offers innovative approaches and models that achieve practically positive results in improving the cognitive and behavioral abilities of students.*

**Critical remarks and recommendations**

I have no critical notes. A good impression is made by the precision with which the materials are systematized and presented for participation in the competition.

**CONCLUSION**

The documents and materials presented by Ch. assistant professor Rositsa Hristeva Shtereva, PhD, meets all the requirements of the Law on the Development of the Academic Staff in the Republic of Bulgaria (ZRASRB), the Regulations for the Implementation of the ZRASRB and the relevant Regulations of PU "Paisiy Hilendarski".

The candidate in the competition has presented a sufficient and significant number of scientific works - 30, published after the materials used in the defense of the ONS "doctor". The candidate's works contain original scientific and applied contributions that have received recognition as a representative part of them have been published in journals and scientific

collections issued by academic publishing houses. The theoretical and developments have practical applicability, and some of them are directly oriented to the academic work. **The scientific and teaching qualification of .Ch. assistant professor Dr. Rositsa Hristeva Shtereva is on high level and can be defined as undoubted.**

The achievements of *Ch. assistant professor, Dr. Rositsa Hristeva Shtereva*, results in educational and research activities, **completely** correspond to the minimum national and additional requirements of the Faculty of Pedagogy, adopted in connection with the Regulations of the PU for the application of ZRASRB.

After getting acquainted with the materials and scientific works presented in the competition, analyzing their significance and the scientific, scientific-applied and applied contributions contained in them, I find it reasonable to give my **positive** assessment and **to** recommend the Scientific Jury to prepare a report-proposal to the Faculty Council of the Faculty of Biology for the election of ch. assistant professor, Dr. Rositsa Hristeva Shtereva, to the academic position of "associate professor" at PU "Paisiy Hilendarski" in: field of higher education 1. Pedagogical sciences, professional direction 1.3. Pedagogy of training in..., the scientific specialty Theory and methodology of physical education in the kindergarten.

05.08. 2024

**Prepared the opinion : .....**

Prof. Dr. Nadezhda Yordanova