

OPINION

by Assoc. Prof. Stoil Mavrodiiev, Ph.D., D.Sc., South-West University "Neofit Rilski",
Blagoevgrad

of a dissertation for awarding the educational and scientific degree "doctor"

in the field of higher education 3. Social, economic and legal sciences

professional direction 3.2. Psychology

doctoral program in Educational and Age Psychology.

Author: Magdalena Milkova Gereva

Topic: "Creative motivation, flourishing and psychological types in adults engaged in art and culture"

Research supervisor: Assoc. Prof. Kirilka Tagareva, Ph.D., \$Paisii Hilendarski\$ University of Plovdiv

1. General presentation of the procedure and the doctoral student

The set of paper materials presented by Magdalena Gereva is in accordance with Art. 36 (1) of the Regulations for the Development of the Academic Staff of the Plovdiv University and includes a dissertation, abstract, resume, etc. The procedure is legal.

2. Relevance of the topic

The meaning and satisfaction of life, its quality, are questions that have always excited people. In our time, these problems are even more relevant, taking into account the challenges facing modern man, revealed by E. Fromm. The topic addressed by the doctoral student is extremely complex, as it contains philosophical and personal dimensions, at the same time it is placed in the field of existential and positive psychology.

All this deserves admiration. The development of such a topic requires not only psycho-logical preparation, which the doctoral student undoubtedly possesses, but also reflection, a more gestalt view of human existence and functioning, and last but not least - personal experience.

All this gives me reason to evaluate the subject of the dissertation research as dissertable and significant for psychological science and practice.

3. Knowing the problem

Magdalena Gereva demonstrates a creative and creative approach to the construction of the problem, as well as to its unfolding in the text. The main constructs in the paradigm of positive

psychology have been studied extremely competently and thoroughly. The doctoral student was able to present a holistic model outlining the relationship between personality types, creative motivation and fulfilling life in adults engaged in art.

Magdalena's professional experience and expertise also helped the realization of the work.

4. Research methodology

The design of the empirical study reveals a well-thought-out and original conception of the scientific work.

The goal set by the doctoral student is to reveal the interrelationship between the levels of creative motivation, the degree of flourishing and the psychological types of respondents in adulthood.

Three tests were used that were relevant to the purpose and tasks.

5. Characterization and evaluation of the dissertation work and contributions

The dissertation has a classic structure and is spread over a total volume of 235 pages. In the first chapter, issues related to creativity and creative motivation are competently and theoretically investigated. The same are discussed in the field of the constructs "Flow" and "mindfulness". In the same paradigm, the issue of mental well-being and flourishing is analyzed. The eudaemonic approach makes sense in relation to the subject of the study.

The second emphasis of the work is the "adult personality". Here too the text is thorough and illuminates the issue holistically.

The analysis and interpretation of the results are presented according to methods, which is logical. The PhD student handles statistical procedures well. Empirical factology is analyzed and discussions are made on the main results of the study. The conclusion can be drawn from the obtained results.

Contributions:

I accept the self-assessment of the contributions formulated by the doctoral student.

6. Evaluation of the publications and personal contribution of the doctoral student

The presented 6 publications are directly related to the topic of the scientific work. The same have been published in collections and scientific journals.

The dissertation is the work of the doctoral student. The work is monotonous, the contributions and the results obtained are her personal merit.

7. Abstract

Structurally, the abstract correctly reflects the content of the dissertation. The main theoretical statements, the design and the results of the own study are presented.

8. Recommendations for future use of dissertation contributions and results

I recommend the author to continue her research and publish her dissertation in the form of a monograph.

CONCLUSION

The dissertation is realized at a high scientific level and meets the established requirements for a similar scientific work; contains scientific and scientific-applied results.

Magdalena Gereva has very good psychological literacy and research competences.

In view of the above, I confidently give my positive assessment of the conducted research, and I will vote FOR the awarding of the educational and scientific degree "doctor" to Magdalena Milkova Gereva in the field of higher education: 3. Social, economic and legal sciences, professional direction 3.2 . Psychology; doctoral program Pedagogy-Czech and Age Psychology.

10.02.2023

Prepared the opinion:

Assoc. Prof. S. Mavrodiev Ph.D., D.Sc.