

RECOMENDATION

by **Prof. Dr. Nadezhda Georgieva Yordanova-Stoyanova**

Paisii Hilendarski University of Plovdiv

concerning the materials submitted for participation in the competition
for applicante for the academic position of "**Associate professor** "
at Plovdiv University "Paisiy Hilendarski"

In: the professional field of higher education 1. Pedagogical science;

Professional direction *1.3 Pedagogy of training in ...;*

(Theory and methodology of physical education and sports training)

In the competition for "associate professor" announced in the Official State Gazette, No. 34 from 03.05.2022 and on the website of Plovdiv University "Paisiy Hilendarski" for the needs of the Department of Theory and Methodology of Physical Education and Sports at the Faculty of Education, Head assistant PhD Martin Veselinov Margaritov from Plovdiv University Paisii Hilendarski, Department of Sports and Sports is taking participation for the above mentioned position.

1. General presentation of the procedure and of the candidate

By order No. PD 21-1243 of 29.06.2022 of the Rector of Plovdiv University "Paisiy Hilendarski" (PU) I have been appointed as a member of the scientific jury of a competition for occupying the academic position of '**associate professor**' in the PU in the field of higher education 1. Pedagogical Science, professional direction 1.3. Pedagogy of training in ... (Theory and Methodology of Physical Education and Sports Training) , **announced for the needs of the** Department of Physical Education and Sports to the Faculty of Education .

The only candidate who has submitted documents for participation in the announced competition. is Head assistant PhD Martin Veselinov Margaritov, who has been working on a full-time employment contract at Paisii Hilendarski Polytechnic since 2013.

The presented by Head assistant PhD Martin Veselinov Margaritov's set of materials is in accordance with the Regulations for the Development of the Academic Staff of the PU.

The candidate Head assistant PhD Martin Veselinov Margaritov has submitted a total of **30** scientific publications, including **1** study, **1** monograph and **28** articles . Accepted for review **30** scientific papers. All works are related to the issues of the announced competition.

The candidate meets the requirements of Art. 24 of the RAS in the Republic of Bulgaria, the Regulations for its implementation and the Regulations of the " Paisiy Hilendarski " University of Applied Sciences for the terms and conditions for acquiring scientific degrees and holding academic positions.

The requirements of procedure have been fully followed.

I have found no procedure errors.

2. Brief biographical data of the applicant

Head assistant PhD Martin Margaritov was born in Plovdiv. He graduated his secondary education from Academician Kiril Popov Secondary Matheatical School. He continued his education at The University of Medicine _ Plovdiv, where in 2013 he graduated from OKS " master " in speciality "dental medicine ". He is interested in many different directions , mostly in the field of sport medicine and hygiene , dental medicine , medical-biological problems on the physical education and mostly different kinds of sports . He is proficient in winter and water sports at a professional level and has achieved a lot of successful presentations in the field of football. He has refereed nearly 200 matches in the Bulgarian first professional football league, as well as an international referee - 88 international matches, including the Champions League, UEFA, European and Junior World Championships and the semi-final of the Olympic Games in Tokyo 2020 (held in 2021). He has been announced as the best football assistant referee for 2015, 2017 and 2018 by the Association of Football Referees in Bulgaria.

The most important moments in his professional development could be presented as it follows :

- ✓ **2003 – 2007** – completed his secondary education at OMG "Academician K. Popov"
- ✓ **2007 – 2013** – studied at the MU, Plovdiv, OKS "master", dental medicine;
- ✓ **2013 - until now** – teaching at PF on P.U. " Paisiy Hilendarski";
- ✓ **2015 – his scientific thesis was approved** and he achieved PhD;
- ✓ **2016** – was promoted to Head assistant PhD;
- ✓ **2005** – started as referee;
- ✓ **2013** – international referee of UEFA and FIFA;
- ✓ **2015, 2017, 2018** – announced the best football assistant referee, by the Association of Football Referees in Bulgaria.

PERSONAL COMPETENCES:

Head assistant PhD Martin Veselinov Margaritov, is fluent in written and spoken English at an excellent level. His computer skills are also very good. He is a highly erudite young teacher,

with a rich general culture, correct, communicative and tolerant. An excellent speaker who captivates the audience with ease.

The professional development of the candidate for the academic position of "ASSOCIATE PROFESSOR" has always been in upward direction. All his efforts through the years have deserved my highest appreciation.

3. General characteristics of the applicant's teaching activities

Head assistant PhD Martin Veselinov Margaritov provides training for the students of the "POFV" specialty at the PU in the mandatory disciplines of Sports Medicine and Hygiene, Winter Sports and Water Sports. Leads lecture courses the discipline of Theory and Methodology of physical education to students majoring the PNUP. He also teaches students in the "master's" OKS - program "Sports at School" on Medico-biological foundations of physical education and sports. He uses mostly innovative teaching methods.

He is being busy with organizing of external training and studying. He is a chairman of examination committees for compulsory subjects from the curriculum. He frequently takes part in the education of foreign students. He is actively involved in the preparation of the documents for accreditation of the "POFV" specialty. He is a member of the editorial board of the Edition of collected scientific articles "Contemporary problems of Physical Education and sport".

Head assistant PhD Martin Margaritov has presented a list of 30 titles where he is an independent author or co-author, all of them presented and published after acquiring of his PhD title. Most of them concern problems related to hypodynamism and stress in nowadays environment, as well as the physical education of the students. Other ones are oriented to the work on sports in higher schools and training of sports teachers . Third theme is dedicated to professional sports.

The presented by the applicant works and publications significantly exceed the minimum requirements. by Art. 2 b, paragraphe. 2 and 3 from ZRASRB for "associate professor" in the field of higher education 1. Pedagogical sciences. The available indicators have been achieved in total **615 points** – at minimal requirements from **480** points.

The whole research activity of Head assistant PhD Martin Margaritov is his personal achievement and is standind out by several scientific contributions concerning the following directions:

- ❖ *Contributions related to hypodynamism and stress;*
- ❖ *Contributions connected to motor activity and physical training of students;*
- ❖ *Contributions to the problems of sports activities in higher education and the training of sports specialists;*

❖ *Contributions related to professional sports.*

All the works in the list submitted by the candidate for the academic position "Associate professor" have been published.

The independent published articles of Head assistant PhD Martin Margaritov are **18**, the ones in co- **authorship are 10**. These facts eloquently show that he works very successfully, both independently and in a team. I would like to highlight the article published in the indexed in the world databases. (D.6.1) of the magazine Pedagogika.

The monograph "Sports against hypodynamism and stress" deserves a very special attention. This is a problem which has become even more relevant in the current environment of the covid pandemic. The author has made a thorough theoretical analysis and motivates the need to apply new methods and means to struggle against hypodynamism and stress. The author also has indicated alternative diagnostic models.

The study "First steps in windsurfing" corresponds to the compulsory discipline "Water sports" and is a wonderful addition to the educational process in which the docent candidate is a holder.

The publications are directly related to the subject of the announced competition and are placed in magazines and scientific collections that undergo peer review before they are printed. The number of citations is 30, which indicates a serious interest in the candidate's scientific output.

Critical remarks and recommendations

I have no critical notes.

CONCLUSION

The documents and materials presented by Head assistant Martin Veselinov Margaritov, PhD, meets all the requirements of the Law on the Development of the Academic Staff in the Republic of Bulgaria (ZRASRB), the Regulations for the Implementation of the ZRASRB and the relevant Regulations of PU "Paisiy Hilendarski".

The candidate for this competition has presented a sufficient and significant number of scientific works – 30, published after the materials used in the achieving of his title ONS "PhD". The candidate's works contain original scientific and applied contributions that have received recognition, as well as a representative part of them has been published in journals and scientific editions of collected works issued by academic publishing houses. His theoretical developments have practical applicability, and some of them are directly oriented to academic work. **The scientific and teaching qualifications of Head assistant PhD Martin Veselinov Margaritov are on very high level and can be defined as undoubtedly successful.**

The achievements of *Head assistant PhD Dr. Martin Margaritov* results in educational and research activities, **completely** correspond to the minimum national and additional requirements of the Faculty of Pedagogy, recognized in connection with the Regulations of the PU for the application of ZRASRB.

After getting acquainted with the materials and scientific works presented in the competition, analyzing their significance and the scientific, scientific-applied and applied contributions, I find it reasonable to give my **positive** assessment and **to** recommend the Scientific Jury to prepare a report-proposal to the Faculty Council of the Faculty of Education. for the granting of Martin Veselinov Margaritov, PhD the academic position of "Associate professor" at PU "Paisiy Hilendarski" in: field of higher education 1. Pedagogical sciences, professional direction 1.3. Pedagogy of training in..., the scientific specialty Theory and methodology of physical education and sports training.

29.07. 2022

Prepared the recommendation :

Prof. PhD. Nadezhda Yordanova