

OPINION

by Assoc. Prof. Dr. Teodora Nikolaeva Simeonova

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of the materials submitted for participation in the competition

to occupy the academic position of "associate professor"

of Plovdiv University "Paisiy Hilendarski"

by: field of higher education 1. Pedagogical sciences;

professional direction 1.3. Pedagogy of training in...

(Theory and methodology of physical education and sports training)

In the competition for "docent", announced in the State Gazette, No. 34 of 03.05.2022. and on the Internet page of Plovdiv University "Paisiy Hilendarski" for the needs of the Department of Theory and Methodology of Physical Education and Sport at the Faculty of Education, as a candidate, chief assistant Dr. Martin Veselinov Margaritov from Paisii Hilendarski University of Plovdiv, Department of Theory and Methodology of Physical Education and Sport.

1. General presentation of the procedure and the candidate

By order No. PD 21-1243 dated 29.06.2022 of the Rector of Plovdiv University "Paisiy Hilendarski" (PU) I have been appointed as a member of the scientific jury of a competition for the academic position of "associate professor" in the PU in the field of higher education 1. Pedagogy sciences, professional direction 1.3. Pedagogy of training in... (Theory and methodology of physical education and sports training), announced for the needs of the department "TMFV and sport" at the Faculty of Pedagogy.

He has submitted documents for participation in the announced competition. the only candidate Ch. assistant professor Martin Veselinov Margaritov, PhD, who has been on a basic employment contract at Paisii Hillen-darski Polytechnic since 2013.

The presented by chief assistant Dr. Martin Veselinov Margaritov set of materials in paper format is in accordance with the Regulations for the Development of the Academic Staff of the PU, and includes the following documents:

- Application form for admission to the competition;
- Curriculum vitae according to the European model;

- Diploma of higher education OKS "master", original and notarized copy;
- Diploma for ONS "Doctor", original and notarized copy;
- List of scientific works;
- Scientific works with declarations of co-authorship and list of citations;
- Certificate of compliance with the minimum national and additional faculty requirements;
- Annotations of the materials under Art. 65;
- Self-assessment of contributions;
- Declaration of originality and authenticity of the attached documents;
- Certificate of work experience;
- Documents for academic work;
- Documents according to the additional requirements of the relevant faculty.

The candidate chief assistant Dr. Martin Veselinov Margaritov has submitted a total of 30 scientific works, of which 1 study, 1 monograph and 28 articles. 30 scientific papers are accepted for review. All works are related to the issues of the announced competition.

The candidate meets the requirements of Art. 24 of the RAS in the Republic of Bulgaria, the Regulations for its implementation and the Regulations of PU "Paisiy Hilendarski" on the conditions and procedure for acquiring scientific degrees and occupying academic positions.

2. Brief biographical data

Martin Veselinov Margaritov was born in the city of Plovdiv, where he completed his secondary education at Academician Kiril Popov OMG. In 2013 graduated from the MU - city of Plovdiv, majoring in "Dental Medicine". In the same year, he started working as a teacher in the PF of PU "Paisiy Hilendarski", and from 2016 holds the position of chief assistant. On 02.06.2015, Martin Margaritov was awarded the educational and scientific degree "Doctor", in the specialty "Theory and methodology of physical education and sports training" for his dissertation work on the topic "Diagnosis and prevention of hypodynamia and stress through physical exercises and sports" (incl. methodology of physical therapy)".

He has excellent performances in the field of football refereeing - since 2013. is an international referee of UEFA and FIFA, and his good performance earned him the award for the best football assistant referee in 2015, 2017, 2018. awarded by the Association of Football Referees in Bulgaria.

3. General characteristics of the applicant's activity

Chief assistant Dr. Martin Veselinov Margaritov leads the mandatory disciplines Sports Medicine and Hygiene; Winter Sports, Water Sports, TAO for the students of the "Pedagogy of Physical Education" specialty at the PU. For students from the PNUP specialty, he conducts lecture courses on the discipline of TMFV. There are also classes with students from the master's program "Sports at School" on Medico-biological foundations of physical education and sports. In his work, he uses modern training tools and innovative teaching methods.

The scientific production presented by the main chief assistant Dr. Martin Margaritov for participation in the competition includes 30 scientific papers: 1 monograph, 1 study and 28 articles, citations – 30. All presented publications are in the field of the announced competition. The materials presented by the candidate for the competition are precisely documented and provide in full the necessary information for the fulfillment of the minimum national requirements under Art. 2 b, para. 2 and 3 of ZRASRB for "associate professor" in the field of higher education 1. Pedagogical sciences according to the indicators: a total of 615 points - with a minimum requirement of 480 points.

The provided scientific output is a testimony not only to the fulfillment of quantitative parameters, but also to the achievement of qualitative results in the candidate's research and scientific-applied activities.

The monographic work "Sport against hypodynamia and stress". (2018, 130 p., UI "Paisiy Hilendarski" Plovdiv, ISBN 978-619-202-328-7) impresses with a wide-scale view of the state and development of one of the current problems in modern society. In it, he presents alternative models for prevention and diagnosis. A theoretical analysis was made, the need to apply new methods and means to combat hypodynamia and stress was motivated.

The publications outline the main thematic directions of the candidate's research pursuits:

- Medico-biological problems of physical education and sports (7.4; 7.9; 7.16; 7.17; 7.19).
- Professional appearance of the football referee (7.15; 7.25; 7.26; 7.27).

A good certificate for holding the academic position of associate professor by Martin Margaritov is not only the quantitative parameters of his publication activity, but also his specific scientific-theoretical and practical-applied contributions.

The following can stand out as significant theoretical contributions:

- Scientific research to systematize the modern problems of hypodynamia and stress;
- The theoretical area related to the physical training of NEO students has been enriched;
- Developed and implemented windsurfing manual.

Contributions of a practical nature:

- ✓ Prepared and applied new models for diagnosis and prevention of lower motor activity;

- ✓ The practice of the impact of programs to optimize the motor qualities of students from NEO has been enriched
- ✓ Study and analysis of the physical load of football referees, by reading pulseograms during their training.

4. Critical remarks and recommendations

The accumulated theoretical and practical experience of Chief Assistant Dr. Martin Margaritov is the basis for my recommendation to expand her publishing activities in prestigious Bulgarian scientific journals and specialized international publications, referenced and indexed in world-famous databases of scientific information.

CONCLUSION

The documents and materials presented by Chief Assistant Dr. Martin Veselinov Margaritov, PhD, meets all the requirements of the Law on the Development of the Academic Staff in the Republic of Bulgaria (ZRASRB), the Regulations for the Implementation of ZRASRB and the relevant Regulations of the "Paisiy Hilendarski" PU.

The candidate in the competition has presented a sufficient and significant number of scientific works - 30, published after the materials used in the defense of the ONS "doctor".

The candidate's works contain original scientific and applied contributions that have received international recognition, a representative part of which has been published in journals and scientific collections. His theoretical developments have practical applicability, and some of them are directly oriented to academic work. The scientific and teaching qualification of Chief Assistant Dr. Martin Veselinov Margaritov is at a high level and can be defined as undoubted.

The achievements of Chief Assistant Dr.. Martin Margaritov's results in educational and scientific-research activities fully correspond to the minimum national and additional requirements of the Faculty of Pedagogy, adopted in connection with the Regulations of the PU for the application of ZRASRB.

After getting acquainted with the materials and scientific works presented in the competition, analyzing their significance and the scientific, scientific-applied and applied contributions contained in them, I find it reasonable to give my positive assessment and recommend the Scientific Jury to prepare a report-proposal to the Faculty Council of the Faculty of Pedagogy. for choosing Chief Assistant Dr. Martin Veselinov Margaritov, to the academic position of "associate professor" at PU "Paisiy Hilendarski" in: field of higher education 1. Pedagogical sciences, professional direction 1.3. Pedagogy of training in..., the scientific specialty Theory and methodology of physical education and sports training.

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Prepared the opinion

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