#### **REVIEW**

### By

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Of Materials Submitted for Participation in Contest For Occupying Academic Position Associate Professor At Plovdiv University Paisii Hilendarski

Under Higher Education Area 1. Pedagogic Science, Professional Field 1.3. Pedagogy of Education in..., Scientific Specialty Theory and Methodology of Physical Education and Sports Training (Including Kinesiatrics Methodology)

Assistant Prof. PhD Silvana Venelinova Boeva from Plovdiv University Paisii Hilendarski participates as only candidate in the Associate Professor contest announced in State Gazette issue No. 96 of 20.11.2018 and on the internet site of Plovdiv University Paisii Hilendarski for the needs of Theory and Methodology of Physical Education Department within the Faculty of Pedagogy.

# 1. Summary of presented materials

With order № R33 - 1120 of 05.03.2019 of the Rector of Plovdiv University Paisii Hilendarski (PU) I have been appointed as a member of the scientific jury in a contest for occupying academic position **Associate Professor at PU** under higher education area 1. Pedagogic Science, professional field 1.3. Pedagogy of Education in..., scientific specialty Theory and Methodology of Physical Education and Sports Training (Including Kinesiatrics Methodology), **announced for the needs of** Theory and Methodology of Physical Education Department of Faculty of Pedagogy.

Only one candidate has submitted documents for participation in the contest announced:

Assistant Prof. PhD Silvana Venelinova Boeva from Plovdiv University Paisii Hilendarski.

The set of paper materials submitted by Assistant Prof. PhD Silvana Venelinova Boeva **complies** with the Regulations on the Academic Staff Development of PU and includes the following documents:

- 1. application form to the Rector for admission to the contest;
- 2. CV in EU format;
- 3. diplomas for MSc. educational-qualification degree in original with enclosure or notarized copy;
- 4. diploma for PhD educational and scientific degree in original or notarized copy;
- 5. list of scientific works;
- 6. reference on meeting the minimum national and additional Faculty requirements;
- 7. annotations of the materials as per Article 65 of Regulation on Plovdiv University Academic Staff Development, including contribution self-evaluation;
- 8. declaration regarding enclosed documents' originality and authenticity;
- 9. excerpts from minutes of Department Council, Faculty Council and Academic Council in relation with the contest;
- 10. State Gazette issue (copy) with contest announcement;
- 11. work record certificate;
- 12.documents regarding educational work;
- 13.documents regarding scientific-research work;
- 14. other documents.
- 15.number of sets of paper documents from Item 1 through 14 3;
- 16.number of sets of documents under Items 1, 2, 6, 7, 8 < eventually listing of other documents under Items 3, 4, 5, 9, 10, 11, 12, 13 and 14> in electronic format 8.

The candidate, Assistant Prof. PhD Silvana Venelinova Boeva has enclosed a total of 21 scientific works, 2 monographs and 19 scientific reports and articles, out of which 12 are independent and 7 are in co-authorship. Co-authorship declarations are submitted for all articles.

The precision in systemizing and presenting the materials for participation in the contest for occupying academic position Associate Professor makes an impression.

#### 2. Resume of the candidate

Assistant Prof. PhD Silvana Venelinova Boeva has graduated Vasil Levski High School of Sports in Plovdiv. In 1987 she graduated the National Sports Academy Vasil Levski (Higher Physical Education and Sports Institute Georgi Dimitrov) with Master specialties as Volleyball Coach and Physical Education and Sports Teacher. She has a Master degree from Plovdiv University Paisii Hilendarski in Economics with major in Human Resources Management. In 2013 she defended a dissertation for acquiring educational and scientific degree PhD with theme Modular Education in Physical Education and Sports at Primary School (Work Models for Physical Fitness Enhancing)

Since 1988 she is Assistant at PU Paisii Hilendarski, since 1991 is Senior Assistant and as of 1994 till now – Assistant Professor.

Assistant Prof. PhD Silvana Venelinova Boeva is a highly motivated, organized and responsible person. A recognized lecturer and professional in her field.

# 3. Summary characteristic of candidate's activities

Assistant Prof. PhD Silvana Venelinova Boeva is a lecturer with active educational-pedagogical work. She covers the required educational engagement, as per the curriculum of the Faculty of Pedagogy by reading the educational disciplines Theory and Methodology of Physical Education, Methodology of Physical Education at Primary School, Theory and Methodology of Sports Training, Volleyball, and Volleyball Education Methodology. She reads to Bachelor educational-qualification degree at PU Paisii Hilendarsli affiliates in Smolyan and Kardzhali, as well as various theoretical courses under master

programs Sports at School and Primary and Pre-School Pedagogy of Plovdiv University. PhD Silvana Venelinova Boeva has essential contribution in the elaboration of the educational plans of specialties Physical Education Pedagogy, Primary School Pedagogy and Primary School Pedagogy in Foreign Language, in organizing, supervising and assessing students' pedagogical practicum and undergraduate pedagogical practicum. She is a member of examination committees for state exams in the specialties she reads. The candidate has rendered methodological assistance to 3 students who participated is scientific student forums and has been supervisor to 2 graduates. PhD Boeva Боева has participated in scientific-research projects (two national and one international), accreditation procedures and committees for awarding 5th and 4th qualification degrees to Physical Education and Sports teachers

My positive assessment of Assistant Prof. PhD Silvana Boeva's scientific and scientific-applied activity is in result of the analysis of the scientific works and the contribution in theoretical and practical aspects.

The reference of the publications (monographs, articles and reports) submitted under the Associate Professor contest shows that PhD Silvana Boeva is author of 2 monographs and 19 publications, all in the Bulgarian language. All materials have been published after the materials used for the defense of the PhD educational-scientific degree. The first monograph, Physical Training of Children of Primary School Age – Theoretical Grounds and Practical Application, is related to the contemporary theoretical formulation of the educational process in the physical education and sports of schoolchildren of primary school age with regards to their physical abilities development. In chapter one are discussed the fundamental theoretical concepts of the physical education – components, essence and peculiarities of the physical fitness, the physical capabilities and control and assessment of the physical abilities. Strong impression leaves the sensitivity role in

the physical abilities manifestation, reflected on Fig. 8 and, although correctly borrowed from L. Volkov, they are an important prerequisite for the education of schoolchildren of primary school age. The second chapter presents the physical abilities as components of the physical fitness. A summary theoretical analysis of the physical abilities is carried out and results are given from the program implemented with schoolchildren of primary school age. Of interest for us are the results regarding the efficiency of the program implemented for physical qualities development, reflected in Table 7 and Figs. 42 and 43. In the stand and reach test the starting level is almost equal for the two schoolchildren groups examined. At the end of the experiment the schoolchildren from the language school have better achievements and a similar trend is observed in the rest of the physical qualities. My overall assessment of the presented monograph is very high. In the second monograph, Educational Process in Physical Education and Sports at Primary School – Problems and Prospects, the organizational-structural components of the physical education system are presented. The problems accompanying the educational process in the primary school physical education are reflected and concepts for its development are presented. The first chapter describes the specific features of the main components of the physical education and sports at school. A review is made of the European concepts, which define the development of the physical education and sports (FES) educational process (Fig. 3). The physical activity is also presented as a main element of the educational process. The relevant at the moment matter on the interrelation between FES and health is discussed (Fig. 12). The second chapter discusses the global problems related to the development of the physical education at school based on international researches. The legal frames and institutions, which define the physical education and sports educational process functioning in the Republic of Bulgaria are reviewed. The third chapter is dedicated to problems related to the educational process implementation and, besides the theoretical review and analysis the

author's personal researches on the problem are described there. I give a positive score to the way the facts are summarized, to the opinions, recommendations, action courses and solutions given, which would contribute for the improvement of the quality of the physical education and sports educational process in the Bulgarian primary school.

In most of the published works Assistant Prof. Boeva is an independent author (total 12). In the other 7 she is in co-authorship and declarations for co-authorship are enclosed. When analyzing the candidate's scientific production a few research trends may be outlined. *The first* is related to researches on the physical training and physical fitness as a result of schoolchildren's physical training. (1, 3, 4, 5, 8, 13, 14, 17, 19, 21). *The second* relates to the education of FES pedagogical staff (2, 12) and the FES education optimization (10). *The third scientific trend* covers innovations in and modernization of the physical education at school and its alignment with the contemporary requirements (2, 4, 5, 6, 14, 18). Some publications are related to the volleyball (5, 6, 7, 14); to the motivation in the educational process in the physical education at higher education institutions (15); the healthy life style and the physical activity problems are reviewed as one of the effective tools in fighting overweight (11, 17, 21), and other.

I would like to touch in the present review the most important aspects of the scientific and educational-lecturer activity of the candidate for Associate Professor. Based on personal observations of PhD Boeva's work I assess very high the candidate's personal contribution to the educational activity due to her active participation in educational plans and programs elaboration, in program accreditations, in various scientific forums, in prospective students committees, as a state examining committees' member, student scientific advisor, practicum, and other. The lecture courses she reads focus on the current substance and state of the basic and special matters in the area of physical education and sports theory and

methodology. The assets listed above form the high contribution value of the educational process implemented.

The candidate's scientific production is innovative, related to current problems and has indisputable scientific-applied value. Of highest contribution and value of the scientific production are the publications in the area of the primary school physical education and sports educational process. The research is related to the physical fitness and activity development in the case of small school children and the modernization of the physical education system and its alignment with the contemporary requirements. The two monograph works may serve as a valuable theoretical-methodological manual to future and current specialists in physical education and sports. The rest of the scientific production analyzes the main problems in the sports-pedagogical staff education and outlines the main criteria for professional qualification upgrade.

Assistant Prof. PhD Silvana Venelinova Boeva is cited 14 times in monographs and collective scientific publications, as well as in non-referred scientific journals with scientific review by various authors, all of them specialists in the Theory and Methodology of Physical Education and Sports Training area.

#### 4. Critical remarks and recommendations

I have no critical remarks and as a recommendation propose a wider popularization of Assistant Prof. PhD Silvana Boeva's scientific works in Bulgarian and international editions, because they have essential contribution to the sports-pedagogical practice development.

## **5.** Personal impression

For almost 30 years I know Silvana Boeva as an exceptionally honest, industrious and conscientious person, dedicated to her professional development.

#### **CONCLUSION**

The documents and the materials presented by Assistant Prof. PhD Silvana Venelinova Boeva **meet all requirements** of the Law on the Scientific Staff Development in the Republic of Bulgaria, the Regulations on its implementation, and the respective PU Paisii Hilendarski Regulations.

The contest candidate has submitted **enough** in number scientific works, published after the materials used for the PhD educational-scientific degree defense. The candidate's works have original scientific and applied contribution, which has been acknowledged and representative part of them have been published in journals and scientific collections. No plagiarism was found in the publications submitted for assessment. The theoretical elaborations have practical applicability and a great number of them are directly oriented to the educational work. The scientific and lecturer qualification of PhD Silvana Venelinova Boeva is **undoubted**.

The results achieved by Assistant Prof. PhD Silvana Venelinova Boeva in her educational and scientific-research activity fully comply with the national minimum requirements and correspond to the Faculty of Pedagogy specific requirements, approved in relation with the PU Regulations on the Implementation of the Law on the Scientific Staff Development in the Republic of Bulgaria

After reviewing the materials and scientific works presented for the contest and analyzing their significance and the scientific, scientific-applied and applied contribution they contain I find it justified to give my **positive** assessment and **to** recommend to the Scientific Jury to prepare a report-proposal to the Faculty of Pedagogy Council to appoint Assistant Prof. PhD Silvana Venelinova Boeva to the academic position Associate Professor at PU Paisii Hilendarski under Professional

Field 1.3. Pedagogy of Education in..., Scientific Specialty Theory and Methodology of Physical Education and Sports Training (Including Kinesiatrics Methodology).

02.04.2019 Reviewer: .....

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